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## HOUSE BILL NO. 462

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**AMENDMENT IN THE NATURE OF A SUBSTITUTE**

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(Proposed by the House Committee on Education  
on February 4, 2026)**

(Patron Prior to Substitute—Delegate Cohen)

*A BILL to direct the Board of Education to require health literacy instruction in grades nine and 10 in the next regularly scheduled revision of the Health Education Standards of Learning.*

**Be it enacted by the General Assembly of Virginia:**

**9**      *1. § 1. The Board of Education, during its next regularly scheduled revision of the Health Education*  
**10**     *Standards of Learning and Curriculum Framework, shall require in grades nine and 10 health care literacy*  
**11**     *instruction for the purpose of helping students navigate the health care system efficiently and effectively and*  
**12**     *shall consider the following topics and content for inclusion in such instruction:*

*1. Navigating the health care system as a patient, including patient concerns such as understanding, communication, cost-effective utilization, digital access, finance, and insurance;*

2. Accessing health information, including being able to find and retrieve reliable health information from various sources;

*3. Understanding health information, including comprehending medical terminology, statistics, and instructions;*

4. Evaluating health information, including assessing the credibility and relevance of health information sources;

## *5. Applying health information, including making informed decisions about health behaviors, treatments,*

and resources; and

6. Communicating with health care providers, including effectively communicating health concerns and

*questions to health care professionals.*

## HOUSE SUBSTITUTE

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