

Fiscal Analysis: The bill would require DMAS to resume the coverage of telemedicine for audio-only interactions between Medicaid, Children’s Health Insurance Program, and FAMIS members and health care providers. According to DMAS, the agency already covers certain audio-only communications between Medicaid members and healthcare practitioners. The federal Centers for Medicare and Medicaid Services (CMS) granted DMAS flexibility to cover audio-only services as a general clinical service as a pandemic-related flexibility. This flexibility ended March 31, 2025. However, CMS granted what appeared to be an open-ended extension for behavioral health and mental health audio-only services and announced that it would not continue Medicare telehealth flexibilities for non-behavioral health and mental health audio-only services.

Department of Planning and Budget
2026 General Assembly Session
State Fiscal Impact Statement

Currently, there are no federal prohibitions against audio-only telehealth under Medicaid. This allows states the discretion to define their telehealth policies.

In Virginia, Medicaid coverage for telemedicine is limited by the definition in § 38.2-3418.16, Code of Virginia, which defines telemedicine services to specifically exclude audio-only telephone exchanges between providers and patients. However, DMAS also covers audio-only telehealth services for specified behavioral health, mental health, mobile crisis, and substance use services as permitted by federal laws and regulations. Additionally, the agency also recently aligned with CMS and American Medical Association (AMA) billing guidance by allowing certain audio-only telehealth billing codes for specified medical services.

Under the proposed legislation, the definition of telemedicine would be expanded to include audio-only communication in place of telemedicine at the discretion of the physician, if the patient is not capable of, or does not consent to, the use of video technology. As such, all services (and/or service components) that are currently allowable via telemedicine would be allowable via audio-only communication.

Based on costs incurred in FY 2024 for federally-allowed audio-only communications, DMAS estimates that the provisions of this bill will cost approximately \$3.0 million (\$745,592 general fund) in FY 2027. The annual costs are estimated to grow at approximately five percent in subsequent years. Should federal reimbursement not be available for some communications, the general fund impact would have to cover the federal share of costs.

Other: -