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1                           **HOUSE JOINT RESOLUTION NO. 89**

2                           Offered January 23, 2026

3                           *Designating May 9, in 2026 and in each succeeding year, as Long QT Syndrome Awareness Day in Virginia.*4                           \_\_\_\_\_  
5                           Patron—Phillips6                           \_\_\_\_\_  
7                           Referred to Committee on Rules8                           WHEREAS, the American Heart Association defines Long QT syndrome as a genetic or acquired heart  
9                           electrical disorder where the ventricles take too long to recharge, potentially causing dangerous arrhythmias,  
10                           palpitations, syncope, or sudden death; and11                           WHEREAS, Long QT syndrome takes its name from the electrical activity that occurs during the QT  
12                           interval of a heartbeat; individuals with the disorder experience a longer period between Q and T waves,  
13                           which may lead to sudden, uncontrollable fast heart rhythms; and14                           WHEREAS, symptoms of Long QT syndrome may include gasping while sleeping, fainting, or seizures;  
15                           however, in one out of 10 patients, the first symptom is cardiac arrest or sudden death; and16                           WHEREAS, while not everyone with Long QT syndrome may develop dangerous heart rhythms, they are  
17                           fatal when they do occur; and18                           WHEREAS, according to the American Heart Association, Long QT syndrome affects between one in  
19                           2,000 and one in 2,500 people; the disorder may be inherited or may occur later in life, but it is rare to  
20                           develop symptoms after age 40; and21                           WHEREAS, treatments for Long QT syndrome include lifestyle changes, medication, implantable  
22                           medical devices, or surgery to remove the nerves that cause dangerous heart rhythms; and23                           WHEREAS, the SADS Foundation is a national nonprofit organization dedicated to providing support and  
24                           educational materials to patients and medical professionals and promoting research into causes and treatments  
25                           for conditions that cause heart rhythm anomalies, such as Long QT syndrome; and26                           WHEREAS, Long QT Syndrome Awareness Day provides an occasion for Virginians to learn more about  
27                           the condition, provide support and care for individuals living with the condition, and seek opportunities to  
28                           advance research initiatives across the Commonwealth and the nation; now, therefore, be it29                           RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly designate  
30                           May 9, in 2026 and in each succeeding year, as Long QT Syndrome Awareness Day in Virginia; and, be it31                           RESOLVED FURTHER, That the Clerk of the House of Delegates transmit copies of this resolution to  
32                           the American Heart Association and the SADS Foundation so that members of the organizations may be  
33                           apprised of the sense of the General Assembly of Virginia in this matter; and, be it34                           RESOLVED FINALLY, That the Clerk of the House of Delegates post the designation of this day on the  
35                           General Assembly's website.

INTRODUCED

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